

## After Facial Care Instructions

It is not uncommon to experience dryness, flaky skin, or discoloration. Your skin is healing from your treatment. Don't stress!! This is normal. What you will be left with a beautiful glowing skin. Here are a few tips to ensure you heal properly.

1. Don't apply lotions or creams for 24 hours unless recommended by your skincare therapist
2. Cleanse and moisturize with prescribed products
3. Apply SPF30 every 2 hours daily
4. Avoid hot showers or baths for 24 hours
5. Don't Exercise for 24 hours
6. Don't apply make-up for 24 hours

**DO NOT PICK AT DRY SKIN OR EXCESSIVELY TOUCH SKIN**

Please don't hesitate to call, text, Facebook message, or email us with any concerns you may have. Our #1 goal is for you to get the results you want and love!

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